

## FOREWORD

How can we tell you how to recover? We cannot. All we can do is share with you our own experiences and recovery through the Twelve Steps of Marijuana Anonymous.

The Twelve Traditions are the guidelines for the fellowship of Marijuana Anonymous and the basic ideas, which unify our groups.

Keeping in mind that our program is a living growing thing, this is the first edition of

### LIFE WITH HOPE

A Return to Living through  
the Twelve Steps and Twelve Traditions  
of MARIJUANA ANONYMOUS

THE LITERATURE COMMITTEE  
OF MARIJUANA ANONYMOUS  
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